

Hello CHASE Chargers,

Girls Basketball , 2019-2020 Season

The team is open to any girl in 5th -12th grade, including non-participating CHASE players.

This season we are part of PCAC (Pennsylvania Christian Athletic Conference.) . Participation in this conference helps to give us a higher level of competition. It will allow the girls to participate in more games. There will be an end of season conference- wide tournament to determine a champion. Players will be recognized for efforts at the tournament for MVP awards as well as other awards. These awards exist beyond CHASE awards.

PCAC has more specific rules that need to be adhered to. Students/ parents will be required to read the current seasons rules and sign that they will uphold them.

Prior basketball practice is not necessary, however attendance at all practices is mandatory. The practices are Mondays' after the CHASE day. Players are expected to be ready to practice in proper attire by 2:15pm until 4pm. These are mandatory to encourage players to work as a team during games. *To encourage regular attendance for practice, this season girls won't be able to be in the starting line up at the next scheduled game if they miss a Monday practice.* During scheduled CHASE holidays or breaks, practice is encouraged but not mandatory.

We will play about 12-14 games/ season with private schools, other homeschool groups and some are not part of the PCAC. These games will be in the evenings mostly on Monday's and Thursdays. They will begin in early December and go through March. Players are expected to attend the JV and Varsity game when they are scheduled on the same day, regardless of which team they play on, to support the team as a whole.

Also, in the past, we've been invited to participate in a tournament or two. Usually there is one held at Blue Mountain Christian School on a Saturday in early February which is an all-day event and tons of fun for the girls. The fee to enter this we divide up among all players but is never more than \$20/ player in the past years.

The fee to participate in PCAC is \$150 for CHASE. Additionally, we need to purchase new uniforms, the cost of this is not known yet. These need to be reversible in color. We need to pay our referee fees as usual. The total cost of the program is divided up among all the players.

Finally, there is an end of the year banquet to celebrate our season as a team.

The rules that need to be adhered to include the following:

- 1)- Attendance at practice as detailed above. Players need to be ready in the gym by 2:15pm
- 2)- No jewelry is allowed during practice or games due to possible injury to the player or other players. This includes earrings, rings, nose rings, bracelets, ankle bracelets.
- 3)- All hair should be put up unless its too short for pony tails.
- 4)- Attire for practice needs to meet CHASE dress code.
- 5) - Players **must arrive for scheduled games 45minutes ahead of start time** or will not be permitted to start. There will be a penalty to the player or team if we aren't on time and ready to start.
- 6)- Yearly review of concussions and treatment via website education is required.
- 7) Emergency medical release form to be completed prior to start of CHASE practice by parent.
- 8) Family and spectators are expected to have proper conduct during games.

See the website. www.pcacsports.com for any questions you may have.